

# VOLKSRUST MARATHON CLUB

**22  
NOV  
2025**



**TIME:**  
Starts 6:00 for Runners &  
Walkers Cut off 11:00

**VENUE:**  
Start & Finish at VOLKSRUST HIGH SCHOOL

**ROUTE:**  
Out & back, undulating course, tarred road, water points  
every 2km, 42.2km race will include 5km gravel road.

**\* Comrades Qualifier**  
**\* 2 Oceans Qualifier**

**42.2km, 32km, 21.1km, 10km Race & 4.9km Fun Run**  
Walkers welcome, as long as they finish at 11:00

## Volkstrust Race entry fees

| Distance | Starting Time: | Entry fee |
|----------|----------------|-----------|
| 42.2km   | 06:00          | R220      |
| 32km     | 06:00          | R180      |
| 21.1km   | 06:00          | R160      |
| 10km     | 06:00          | R100      |
| 4.9km    | 06h10          | R60       |

Temporary Licenses:

R50.00 For 42.2, 32, 21.1, 10km races/Walkers/(60+): Free

**4.9 KM  
FUN  
RUN**

**Pre – entry only!**

**Entries close on Thursday 20 November 2025!!!**  
**@ 12h00 - MIDDAY**

**To raise funds for:**



Research • Educate • Support

**Proudly Sponsored by:**  
**STUCKY MOTORS  
GROUP**

**HAVAL**

## PRIZE MONEY

Runners only



| Men and Ladies  | 42.2km   | 32km    | 21.2km  | 10km    |
|-----------------|----------|---------|---------|---------|
| 1 <sup>st</sup> | R1200-00 | R800-00 | R600-00 | R500-00 |
| 2 <sup>nd</sup> | R1000-00 | R700-00 | R500-00 | R400-00 |
| 3 <sup>rd</sup> | R800-00  | R600-00 | R400-00 | R300-00 |

## Runners

Gold medals to the first 5 men and ladies in each race.

Silver medals to position 6-15

bronze medals to all finishers within 5 hour cut off.

Prize giving

Prize money will be given at

Prize-giving at 10:00

Prize money

First 3 male & female finishers

NO Category Prizes

## RACE RULES:

- REFEREES' DECISION IS FINAL.
- Obey all Traffic Officials and Race Marshals.
- The race will be run according to the rules of ASA, WA (World Athletics) & AMPU House rules.
- No seconding will be allowed. No pacing of any kind.
- Ages: Athletes for 10km must be 14 years or older on the day of the race.  
Athletes for 21.1km must be 16 years or older on the day of the race.  
Athletes for 32 km must be 19 years or older on the day of the race.  
Athletes for 42.2km must be 20 years or older on the day of the race.
- Proof of age (ID) to be produced upon request on day of race.
- All athletes will participate at their own risk.
- Registered athletes must wear full club colours.
- 2025 license numbers on the front and back of the vest.
- Temporary license at the front of the vest.
- Age category ID tags must be clearly displayed for the duration of the event (back and front) by athletes competing for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt.
- ASA license numbers must not be covered with any paper race numbers /race bib.
- This is a close competition for runners, walkers with a fix "W" welcome.
- Any Foreign athlete must have a conformation letter or permit form, from their sport federation as required under World Athletic (WA)
- No littering, please make use of waste boxes on the route – RUN CLEAN
- All participants must take note that photographs might be taken at the event and placed on social media.
- The use of earphones during the race will lead to disqualification

**For Further information:** Linda Duvenage: 083 7334621 Siyabonga Msimango: 073 481 8528



**Available at the  
School tuck shop**

**Click here  
for Entry**

**or Click here for ENTRY**

Please see entry link: <https://www.entryninja.com/events/82761-volkstrust-marathon>